



Tros Gynnal Plant
Standing up for Children

West Wales Advocacy

GET IN TOUCH!

- Want to know what your rights are?
- Do you need help to speak out?
- Do you need someone to listen to you?

HOW CAN ADVOCACY HELP?

- Tell you what your rights are
- Help you sort things out with other professionals
- Support you to have your say in meetings and reviews
- Help you make a complaint



We are independent – we don't work for Social Services or Health or Education

We are confidential – we only share what you want us to, unless you are in danger

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FREEPHONE 0808 168 2599