



Ceredigion Junior Local Safeguarding Children's Board

Bulletin 1

- Our first meeting took place 3rd June 2014
- 7 young people aged between 11 and 17 attended from all over Ceredigion
- We talked about what a Junior Safeguarding Children's Board is and why we need one...we need one to help the adult Safeguarding Board by telling them what we, young people, think are safeguarding issues
- We talked about safeguarding issues and came up with lots! These are what we thought the most important are at the moment:

sexting

peer pressure

legal highs

emotional harm

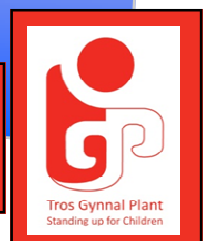
social media

under aged drinking

misuse of prescription drugs

- It wasn't all hard work! Tros Gynnal had organised for us to take part in a crafty activity – we made purses and wallets out of recycled juice cartons – and we were able to take our purses home.
- We are going to set up a proper board and meet three times a year. We can invite people to come to talk to us about safeguarding things, so someone is going to come to our next meeting to talk about drugs and legal highs.
- We ended the meeting with some warm snacks and a chat about the next meeting.

Anyone can join us so if you're interested please call
Emma at Tros Gynnal on 01545 571865





Bwrdd Lleol Iau Diogelu Plant Ceredigion

Bwletin 1

- Cynhaliwyd ein cyfarfod cyntaf ar 3ydd Mehefin 2014
- Daeth 7 o bobl ifanc rhwng 11 ac 17 o bob cwr o Geredigion i'r cyfarfod
- Fe wnaethom drafod beth yw Bwrdd Lleol Iau Diogelu Plant Ceredigion a pham mae angen un...mae angen un i helpu'r Bwrdd Diogelu oedolion drwy ddweud wrtho beth rydym ni, bobl ifanc, yn meddwl yw'r materion diogelu.
- Fe wnaethom drafod materion diogelu a rhestru llawer ohonynt! Dyma'r rhai rydym yn meddwl sydd bwysicaf ar hyn o bryd:

secstio

pwysau gan gyfoedion

cyffuriau cyfreithlon

niwed emosiynol

cyfryngau cymdeithasol

yfed alcohol o dan oed

camddefnyddio cyffuriau wedi eu rhagnodi

- Nid oedd yr holl gyfarfod yn waith caled! Roedd Tros Gynnal wedi trefnu i ni gymryd rhan mewn gweithgaredd celf – gwnaethom byrsiau a waledi o gartonau sudd wedi eu hailgylchu – a chawsom fynd â'n pyrsiau gartref.
- Rydym yn mynd i sefydlu bwrdd go iawn a chyfarfod dair gwaith y flwyddyn. Gallwn wahodd pobl i ddod i siarad â ni am faterion diogelu, felly mae rhywun yn mynd i ddod i'n cyfarfod nesaf i siarad am gyffuriau a chyffuriau cyfreithlon.
- Daeth y cyfarfod i ben gyda byrbrydau cynnes a sgwrs am y cyfarfod nesaf.

Gall unrhyw un ymuno â ni felly os oes gennych ddiddordeb ffoniwch Emma yn Tros Gynnal Plant ar 01545 571865

